



President's Corner

The SPDDS is proud to introduce to you Dr. Heather Horton, who will serve as our President for the next year.

About Dr. Horton...

Hello! I grew up in Chippewa Falls, WI, though we always felt “Minnesotan”, as both my parents grew up in Fergus Falls, MN. They taught me the proper sports team to root for from the beginning – the Vikings, Gophers, Twins, Timberwolves, Wild, and now the Loons too! Not always easy being a Minnesota sports fan growing up in Wisconsin, but there was always fun banter to be had! I moved across the border after high school. I attended the University of Minnesota for undergrad, majoring in Genetics, Cell Biology, and Development. I was also a member of the Gophers cross country and track & field teams. I competed in distance events – racing steeplechase was a blast! I then attended dental school, also at the University of Minnesota, completing my degree in 2010. After that I headed east and attended Case Western Reserve University for my orthodontic residency and training, graduating in December 2012, and became board certified in orthodontics about a year after that. Research has always been a particular interest of mine, and I was proud to serve as a board member of the National Student Research Group, the student wing of the American Academy of Dental Research (AADR).



In December 2013, I purchased my practice in Woodbury from a wonderful orthodontist, Dr. Alan Montgomery. The summer of 2019 saw the completion of a new building for my practice just a few blocks south of my previous location. I built in partnership with the great group of doctors at Twin Cities Oral Surgery. I love our new space as a home base for both my excellent team and our awesome patients.

I live in Afton with my fantastic husband, Frank, and our two little ones, son Fitzgerald (almost 3) and daughter Vienne (7 months). They keep us painfully busy and our lives full of joy. I can't wait to introduce them to our love of traveling – we got to do a little with Fitzgerald before COVID, and are looking forward to starting again as we see the light at the end of the tunnel now – thank you vaccines!!

I am very honored to be your new district president. It is my goal to provide care, collegiality, and continuing education to our members throughout this next year. The ways we could engage with each other changed over this past year and a half, and while I believe we learned some new and valuable skills from that, I am also immensely looking forward to seeing people face to face again and handing out some long overdue hugs! There's so much gain from in-person interaction. Dentistry often gets pegged as a lonely profession. This drives me to get the word out that this doesn't have to be the case! Organized dentistry is a fantastic conduit for connections to be made and for relationships to flourish. The connections I've made with my colleagues have been some of the most fulfilling parts of my career, and I definitely wouldn't be where I am today without the experiences shared and guidance given by others!

I hope to pay that forward in this coming year, and for years to come!
Thank you for the opportunity to serve. I look forward to seeing as many of you as possible in this coming year!

Sincerely,

Heather Horton, DDS
SPDDS President

Don't Miss Dentispree Next Week!

We are planning our first in-person social in over a year and invite you to join us! All members are invited as we welcome our incoming executive council members and officers and give a special thank you to our outgoing SPDDS President, Dr. Christina Van Guilder. The event will be taking place on Wednesday, June 23, at 7 Vines Vineyard in Dellwood.



Join us for this fun night of reconnecting with friends, meeting new ones, and celebrating organized dentistry! Enjoy music, food, and wine (and good weather).

Date:

Wednesday, June 23, 2021

Timing:

6:00 – 7:30 p.m. / Social

7:30 – 7:45 p.m. / Installation of Officers (approximate time)

7:45 – 9:00 p.m. / Social

Event Location:

7 Vines Vineyard
101 Hwy 96 East
Dellwood, MN 55110

Pricing:

All guests welcome (dental and non-dental)!

\$25.00 for members & guests, \$10.00 for students

[Register Online](#)

Interested in Representing the SPDDS

at the MDA House of Delegates? *We are looking for volunteers to serve as alternate delegates*

The SPDDS is looking for three members interested in representing the district as alternate delegates at the MDA House of Delegates in **September**. Each year, more critical issues arise that affect the practice of dentistry, the ability to care for patients, and the delivery of care to the residents of Minnesota. The House of Delegates is the time when the membership sets the agenda for the MDA Board, committees, and staff to address these issues.

This year, the MDA House of Delegates will be taking place on Friday, **September 24** in Bloomington from 7:00 a.m. - 5:00 p.m. (one-day House of Delegates with a reception on Thursday evening).

Interested in representing SPDDS? Please email Jacquie Durant at dentalsociety@spdds.org.

Did You Miss The Orthodontics Panel? Watch On-Demand On Your Own Time

The panel discussion convened orthodontists from around the metro area and spoke on various topics that all dentists can benefit from.

The following topics were covered:

- Early screening/intervention in children and how it relates to pediatric airway management
- Describing the necessity of orthodontic care
- The biomechanical advantages and disadvantages of Invisalign versus traditional braces

John Aamodt, DDS, served as our moderator. Panelists included orthodontists Steve Henseler, DDS; Heather Horton, DDS; and Scott Kottemann, DDS.

Meeting Location:
On-Demand

Pricing:
Free for members

CE: 2.0 Elective CE

Survey: Please complete this survey to receive your CE certificate.
Watch On-Demand

Watch On-Demand

View Speaker Bios & Additional Information

Coming Up...

June 23, 2021 - [SPDDS Dentispre](#)

7 Vines Vineyard - Dellwood, MN / 6:00 -9:00 p.m.

Registration required

September 7, 2021 - SPDDS Caucus

SPDDS Offices / 6:00 - 7:30 p.m.

September 24, 2021 - [MDA House of Delegates Meeting](#)

Bloomington, MN

Do You Have Any News to Share With the District?

If you have any news you'd like to share with other members of the district in an upcoming newsletter, [please send it to us!](#) We are looking to highlight retirements, promotions, volunteer work, and anything else you would like to share.



Saint Paul District Dental Society | 1335 Industrial Blvd, Suite 200, Minneapolis, MN 55413

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