



Greetings from the Saint Paul District Dental Society

Happy New Year!

I hope everyone had a wonderful holiday season and finished 2019 on a high note.

The St. Paul District Dental Society Executive Council (EC) is happy to welcome back Jacquie Durant from her maternity leave. While Jacquie was out these past few months taking care of baby Elliott, Victoria Lanthier from the MDA Office was helping the SPDDS - everything from getting the Midwinter up and running to helping out with district-related meetings. I think I speak for everyone when I say that Victoria did a wonderful job and we are thankful for all her hard work. An additional thank you is also due to Carmelo Cinqueonce for his leadership and dedication to helping make sure that we are well managed, organized, and educated.



Here are a few updates from the Executive Council that I wanted to share:

- There is still time to register for the Midwinter meeting being held on Friday, January 17th. The speaker this year is Karen Baker and her presentation on managing drug-related conditions in the dental office is eligible for 3.5 CORE CE (Diagnostic & Treatment Planning). There's additional information below. You can register online [here](#).
- The Executive Council has taken steps to continue moving forward on the strategic plan initiative. Volunteers have been assigned to task groups. Meetings and opportunities for members to participate will be sent out shortly.
- \$10,000 has been set aside to provide support for the 2020 Minnesota Mission of Mercy in St. Cloud, the Minnesota Dental Foundation, and [Hope Dental Clinic](#).
- Plans for the 2020 Dentispre are well underway (save the date for Thursday, May 7 at 7 Vines Vineyard!)

I hope to see you all at the Midwinter next Friday!

We are stronger together,

Michael Ahn, DDS
SPDDS President

Don't Forget to Register! Saint Paul District Dental Society's 66th Annual Midwinter Meeting

Join us Friday, January 17, 2020!

[Inwood Oaks](#)
[484 Inwood Ave N](#)
[Oakdale, MN 55128](#)



Do you ever wonder what causes dry mouth, bad breathe, taste changes, and/or constant canker sores? Are these oral issues preventable? Do you know which products have been deemed most effective? Are you aware of the best treatment options? The most up-to-date answers to these questions will be presented in the first CE session at the SPDDS Midwinter Meeting by Professor Karen Baker, BS, MS, RPh. In the second CE session, Professor Baker returns to explain why lip commissure and oral lesions are hard to treat, the signs and symptoms your patient might present if they are taking prescribed and "un-prescribed" drugs, and the likelihood of dangerous interactions with dental drugs.

Registration is open! For more information and to register for the SPDDS Midwinter Meeting, click [here](#).

Register Online

SPDDS Seeks Three Executive Council Members and a President-Elect to Begin May 2020 - Interested?



Volunteers are at the heart and soul of the Saint Paul District Dental Society. Serving on the SPDDS Executive Council is an opportunity to provide leadership and direction to the district as we strive to meet our mission: The SPDDS is the local association of dentists which promotes the oral health of the public, ethics, science and professional advancement of our members. This is a great way to get involved with organized dentistry at the district level!

The SPDDS Nominating Committee is looking for members who are interested in serving on the Executive Council, to begin a three-year term in May 2020. We need your skills, passion, and varied perspective to build an energetic, inclusive, and strategic governing Executive Council. The Council meets monthly for an hour and a half, generally with a recess in the summer months.

We'd love to have you involved! If this interests you, please fill out the online [Call for Nominations Form](#).

Mark Your Calendars! March 2020 OMS Panel

Save the date for the OMS Panel on
Thursday, March 5, 2020!

We will be returning to the Securian Club at CHS Field. Check-in/Social will take place from 5:30 p.m. - 6:30 p.m. The program will commence at 6:30 p.m. and run until about 8:30 p.m. There will be time for Q and A, so bring the hard questions! Our panelists for the March 2020 OMS Panel are Dr. Mike Downie, Dr. Angie Rake, and Dr. Paul Vollmer. Dr. Matt Hutchinson will be moderating.



Topics to be discussed include: updates on anticoagulants; medical evaluations; poor healing and prevention; evaluating third molars; root development - in house or referral; post-op care and treatment complications; pre-extraction care and prepping the site; benefits of cone beam CT/3D imaging (including benefits for both diagnosis and treatment); and MD correspondence for medical optimization.

Keep your eyes peeled for more details and registration coming soon!

In Memoriam

We appreciate the years of service these members have given to the society, their patients and the dental profession. A contribution to the Minnesota Dental Foundation has been made in the honor of the following members who have passed away recently:

Dr. Eugene Bakalars

Dr. Edward Bifulk

Dr. Jennifer Kaatz

Dr. Richard Nyman

Coming Up...

January 17, 2020 - SPDDS Midwinter Meeting
Inwood Oaks, Oakdale, at 7:00 a.m.

February 4, 2020 - Executive Council Meeting
MDA Headquarters at 6:00 p.m.

March 5, 2020 - OMS Panel
CHS Field, Saint Paul, at 5:30 p.m.

May 7, 2020 - Dentispre
7 Vines Vineyard, Dellwood, at 6:00 p.m.

Do You Have Any News to Share with the District?

If you have any news you'd like to share with other members of the SPDDS in an upcoming newsletter, **please send it to us!** We are looking to highlight retirements, promotions, volunteer work, and anything else you would like to share.

Keep in Touch

If you have any questions, comments or concerns, please do not hesitate to reach out to the Saint Paul District Dental Society.
Email dentalsociety@spdds.org or call 651.697.0831



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